

RECIPES



HOW TO MAKE SMILEY RICE CAKES

WHAT YOU'LL NEED

- Rice cakes in a flavor of your choice
- Savory and/or sweet spreads: nut butter, hummus, or cream cheese work well
- For the eyes:
 - a. Olives, sliced
 - b. Blueberries, whole
 - c. Baby carrots, sliced
 - d. Grapes, sliced
- For the mouth:
 - a. Green, red or yellow peppers, sliced
 - b. Raspberries, whole
 - c. Blueberries, whole
- For the nose:
 - a. Apples, sliced
 - b. Strawberries, sliced
 - c. Baby carrots, sliced
- For the hair, whiskers, and ears
 - a. Strawberries, sliced
 - b. Apples, thinly sliced
 - c. Peppers, thinly sliced



HOW TO DO IT

- 01** Create a decorating station for the whole family to build their favorite savory or sweet smiley face rice cake
- 02** Present the fruits and veggies on separate plates
- 03** Instruct everyone to first cover their rice cake(s) in a spread of choice
- 04** Use the toppings to make smiley faces as you hydrate with Pure Life® 8 oz. bottles