

INGREDIENTS

3 lbs ripe tomatoes

1 tbsp grapeseed oil

1 tbsp balsamic vinegar

4 lb low-fat buffalo mozzarella

1 bunch basil, ripped



(Scale the ingredients for your family and friends.]

- Cut tomatoes into quarters.
- Place tomatoes in a mixing bowl and dress with grapeseed oil, balsamic vinegar, and sea salt and mix.

- Cut or rip mozzarella into small pieces and incorporate into the salad.
- Finish with torn basil on top.
- Serve with an entrée and Pure Life® water!

























